



Core Health Products



MultiHealth⁺

DIETARY SUPPLEMENT

Fruits + Vegetables + Minerals

A complete whole food blend of concentrated RAW fruits, vegetables, and minerals.*



Stock #1070
Directions: Take 2 capsules daily.

Are you receiving enough?

The 5 a day rule for fruits and vegetables servings has been thrown out and replaced with 7-13 cups of produce daily to receive all the health benefits our bodies need today. Research shows that over 80% of Americans fall short of achieving the past 5 servings a day recommendation which has become a serious health concern. With our fast-paced lifestyle, nutrition has taken a back seat for far too long but finding the time and energy to fulfill these requirements can seem challenging and daunting. That is why MultiHealth was formulated. Consuming the highest quality whole food fruit and vegetable enzyme rich supplement can act as an insurance policy to make sure you get the nutrition your body deserves on a daily basis.

MultiHealth provides a balanced formulation of 22 RAW whole foods combined with natural phytonutrients to help you meet the recommended daily nutritional values. This unique formula provides a balance of patented amino acid chelated minerals combined with potent levels of all the whole food vitamins needed to sustain good health. This product features VitaBerry and VitaVeggie as part of the proprietary whole food nutrient blend. These unique blends use proprietary freeze-drying technology to ensure that the natural nutrients in these fruits and vegetables are maintained.

VitaBerry Plus combines the nutritional benefits of wild berry, cranberry, raspberry, strawberry, prune, tart cherry, wild bilberry and grape and boasts an ORAC value of 6000 ORAC units/gram. Additionally, we have gone the extra mile to establish specific polyphenol levels in a wellrounded robust blend that sets a new industry standard.

VitaVeggie™ combines standardized, freeze-dried vegetable powders from broccoli, broccoli sprouts, tomatoes, spinach, kale, carrots, brussels sprouts and onions. VitaVeggie is more than just a high ORAC score (5000 ORAC units/gram). VitaVeggie™ is standardized for specific glucosinolate and sulphorophane levels in a well-rounded, robust blend. Glucosinolate and sulphorophane are the phytonutrients found in vegetables that provide anti-cancer and other health benefits. Not only that, but VitaVeggie™ also ensures you get all of the phytonutrients that nature intended from these vegetables. Anthocyanins, lycopene, lutein, chlorogenic acid, beta-carotene, ellagic acid, quercetin and quinic acid are all found in VitaVeggie™.

Key Benefits:

- Increases Daily Intake of Fruits & Vegetables
- Highest Quality, Natural Ingredients
- Superior, Balanced, Natural Formula
- Optimize Overall Health & Vitality
- Support Healthy Hair, Skin & Nails
- Increases Energy & Stamina Levels

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV	
Vitamin A (as mixed carotenoids from Dunaliella salina)	1250 IU 25%	Selenium (as selenium amino acid complex)	17.5 mcg 25%	
Vitamin C (as acerola cherry & camu camu)	30 mg 50%	Copper (as copper chelazome)	0.5 mg 25%	
Vitamin D3	200 IU 50%	Manganese (as manganese chelazome)	0.25 mg 12.5%	
Vitamin E (as mixed tocopherols & tocotrienols)	6 IU 20%	Chromium (as chromium chelavite®)	60 mcg 50%	
Thiamin	0.75 mg 50%	Molybdenum (as molybdenum chelazome®)	7.5 mcg 10%	
Riboflavin	0.85 mg 50%	Proprietary Whole Food Blend Acerola Cherry Extract, VitaBerry Plus (Wild Blueberry Extract, Grape Seed Extract Powder, Raspberry Seed Extract Powder, Cranberry Powder, Prune Powder, Tart Cherry Powder, Wild Bilberry Extract, Strawberry Powder, Quercetin, Resveratrol), VitaVeggie™ (HiActives® Broccoli, HiActives® Broccoli Sprout Extract, HiActives® Tomato Powder, HiActives® Carrot Powder, HiActives® Spinach Powder, HiActives® Kale Powder, HiActives® Brussel Sprout Powder, Onion Extract), Camu Camu, mixed carotenoids (Dunaliella salina), Vegetarian Yeast, Shitake Mushroom, Blackstrap Molasses, Choline.		
Niacin	7.5 mg 38%	Mineral & Enzyme Delivery System™ Blend Calcium amino acid chelate, Magnesium chelazome®, Pectinase, Amylase, Protease, Glucoamylase, Cellulase, Lipase, CereCalase®, Copper Chelazome, Zinc Chelazome®.		
Vitamin B6	1 mg 50%			
Folic Acid	200 mcg 50%			
Vitamin B12	3 mcg 50%			
Biotin	150 mcg 50%			
Pantothenic Acid	5 mg 50%			
Calcium (as ESC® and amino acid chelate)	100 mg 10%			
Iron (as Ferrochel)	2 mg 11%			
Magnesium (as amino acid chelate)	40 mg 10%			
Zinc (as zinc chelazome®)	7.5 mg 50%			

† Daily Value (DV) not established.

Other Ingredients: Rice Bran, Vegetable Fiber, Purified Water.

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FDA Statement: *These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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